

TOXIC FREE IS AS EASY AS 1,2,3!

A Guide To Safe Alternatives To Hazardous Household Products

IN THE KITCHEN

Coffee Cup Stain Remover—rub stain with moist salt.

Coffee Pot Stain Remover—clean pot with vinegar.

Grease Cutter Dish Detergent—mix 1/2 cup baking soda with liquid detergent.

Drain Cleaner—use a plunger followed by 1/2 cup baking soda, 1/2 cup vinegar, and 2 cups boiling water.

Garbage Disposal Deodorizer—run garbage disposal with lemon rinds.

Grease Fire—douse with baking soda.

Grease Removal—rub with borax on a damp cloth.

Oven Cleaner—mix 2 tablespoons liquid soap with 2 teaspoons borax and warm water.

Refrigerator Deodorizer—store an open box of baking soda in the refrigerator.

Silver or Gold Polish—use non-gel toothpaste or a mix of 1 quart warm water, 1 tablespoon baking soda, and 1 teaspoon salt.



AROUND THE HOUSE

Air Freshener—simmer cinnamon and cloves in a pot of water.

Carpet and Upholstery Spot Cleaner—club soda.

Decal Remover—soak decal in white vinegar.

Ink Spot Remover—clean spot using cold water plus 1 tablespoon cream of tartar and 1 tablespoon lemon juice.

Laundry Pre-Treatment—apply a paste of baking soda and water to stains.

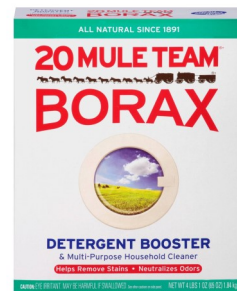
Multi-purpose Cleaner—mix 1/2 cup ammonia, 1/3 cup vinegar, 1/4 cup baking soda and 1 gallon of water.

Toilet Bowl Cleaner—make a paste of borax and lemon juice.

Tub and Tile Cleaner—mix 1/4 cup baking soda with 1/2 cup white vinegar in warm water.

Red Wine Stain Removal—shake a thick layer of salt on a wet red wine stain to keep it from spreading and setting. Before treating the stain, remove or vacuum the salt.

Window Cleaner—mix 1/2 cup vinegar in 1 gallon



For more information on alternatives visit EPA Safer Choice
epa.gov/saferchoice

FOR POSSIBLE POISON EXPOSURE EMERGENCIES CALL:
Northern New England Poison Control: **1-800-222-1222**

IN THE GARAGE

Motor Oil and Transmission Fluid—pour a thick layer of kitty litter over the puddle, wait 24 hours, and sweep up with a broom. Scrub remaining stain with a solution of detergent and hot water. This also works for cleaning driveways.



Windshield Wiper Fluid—coat car windows with a mixture of 3 parts vinegar to 1 part water to prevent ice and frost from forming on your windows overnight.

Battery Corrosion—use a baking soda and water paste to clean corrosion. After reconnecting the clamps to the terminals, wipe them with petroleum jelly to prevent future corrosion.

Rusty Nut and Bolt Removal—briskly rub the rusty surfaces with a piece of crumpled aluminum foil dipped in a carbonated soda.

Oil Stain Remover from Clothes—rub white chalk into stain before laundering.

Rust Removal from Clothing—rub lemon juice and salt on stain, then leave in sunlight.

FOR DIY PROJECTS

Paint Removal—on glass, apply a hot vinegar solution then wipe away.

Paint Brush Softener—soak brush in hot vinegar.



Woodwork Scratches—mix 1 teaspoon instant coffee with 2 teaspoons water. Apply to scratch with a cotton ball.

Wood Furniture Polish—mix 1 tablespoon lemon oil, olive oil, or beeswax in 1 pint of water. Apply to furniture using dry, lint-free cloth in the direction of the grain.

Wood Polish for interior, unvarnished surfaces—mix 3 parts olive oil with 1 part white vinegar.

Rust Preventative—for outdoor machinery, coat surfaces with a generous layer of petroleum jelly. For tools, store a piece of chalk or charcoal in the toolbox to soak up any moisture.

Hand Cleaner for Paint and Grease—rub hands with baby oil.



FOR THE YARD & OUTDOORS

Ants—sprinkle red chili powder at the entry point.

Fertilizer—use compost created from your own food scraps.

Flea & Tick repellent—scatter pine needles, fennel, rye, or rosemary on you pet's bed. For fleas on pets, feed brewer's yeast, vitamin B, or garlic tablets.

Insects on Plants—apply soapy water to leaves then rinse.



Mosquito Repellent—in a 20-gallon hose-end sprayer, mix 1 cup lemon scented ammonia and 1 cup of plant shampoo or lemon scented dishwashing soap. Fill the rest of the sprayer with warm water. Spray infested area 3 times a week in the early morning or late evening. Thoroughly soak any places where mosquitos tend to gather. For smaller areas, burn citronella candles.



Nematode, Slug, and Snail Repellent—plant onions and marigolds.

For more information visit www.nashuarpc.org/hhw or call (603) 417-6570

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